

OPTIQUE OF DENVER

IPL POST-TREATMENT INSTRUCTIONS

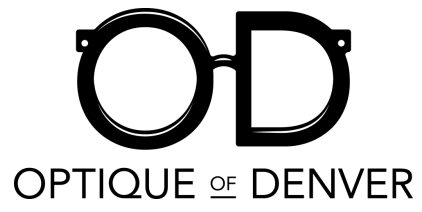
Immediately after treatment patients may notice slight redness on their eyes, eyelids, and face. This may last anywhere from several hours to three days. Patients will be given individualized eye and eyelid regimens to improve outcomes and minimize any unintended discomfort.

Dryness and grittiness may be worse following the first 1-3 treatments and especially within the first couple of days after treatment due to evacuation of diseased oils.

Pigmented areas on the skin may also appear darker. Superficial pigment may darken, dry and slough off within seven to ten days. Deeper pigment darkens, and then slowly fades as the body absorbs the remnants of damaged pigment. In addition to discussing expected post treatment sequelae, **all patients are asked to follow these instructions:**

- Apply sunscreen everyday (SPF 50+ or greater)
- If the treated area is red and irritated after treatment you may apply an ice pack or cold compresses.
- Do not apply hot water to the treatment area for at least 30 hours after treatment.
- In caring for the treated area, use only gentle cleansers and lotions until healing is complete. Avoid perfumes and products with alcohol or acid.
- If a blister develops, notify the office immediately for directions on how to safely manage this. Do not pick the blister or scab because a scar may form.
- Call our office if any additional problems, questions, or concerns arise.

We look forward to your feedback and follow up on this revolutionary dry eye treatment!



The Dry Eye Spa at Optique of Denver
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